

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 田中 大貴, 森田 大樹, etc.

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 河野 誠, 伊藤 浩志, etc.

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 牛山 あい, 肥田 あゆみ, etc.

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 工藤 美佐子, 倉石 咲, etc.

女子30歳未満

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 大井 亜祐実, 中村 なつみ, etc.

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 小川 智子, 藤原 真実, etc.

Table of names and numbers for the 2019 Nagano Prefecture 30th Birthday Club. Includes names like 山本 花菜, 丸井 潤美, etc.